



KINDCARE

ASSISTED LIVING



Breakfast

Breakfast choices available all day

Selection of Assorted Cereals and Oatmeal

Eggs Your Way

2 eggs cooked your way, served with homefries and your choice of toast

Fruit & Yogurt Parfait

Greek yogurt with your choice of fresh berries and granole, topped off with locally sourced honey

Pancakes or French Toast

Made with your choice of fresh fruit toppings and real maple syrup

Cottage Cheese & Fruit Plate

Assorted fruit and low fat cottage cheese.

Omelet Bar

3 eggs omelet made to order with your choice of fillings and cheeses.

Bacon – Sausage – Ham – Onions – Peppers – Tomatoes – Mushrooms – Spinach – Your Choice of Cheeses: American, Cheddar, Swiss, Provalone

Breakfast Sides: Home Fries, Bacon, Fresh Fruit, Fresh Baked Muffins, Bagel with Cream cheese

Sandwiches

Sandwiches are served with a pickle and a choice of side

Selection of Assorted Cereals and Oatmeal

The Royal Club Sandwich

Turkey, ham, bacon, lettuce, tomato and provolone cheese served on your choice of toasted bread.

Pastrami on Rye

Pastrami, grilled onion, swiss and French's yellow mustard, grilled marble rye bread

Deli Board

Build your own sandwich served on your choice of bread or roll

Turkey	Chicken Salad	Lettuce
Tuna Salad	Ham	Tomato
Roast Beef	Egg Salad	Bacon

Your choice of Cheese: American, Cheddar, Swiss, Provalone

Bistro Burger Joint

Freshly made 100% lean ground beef patties. All cooked to order and served on a toasted bun with lettuce, tomato, and choice of toppings and cheese.

Carmelized onions	Fried Egg
Red Onions	Cheddar
Pickles	American
Mushrooms	Swiss
Bacon	Blue Cheese



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Soup and Salad

Soup Du Jour **Homemade Chicken Soup**

House Salad

farm greens. tomato. cucumber. feta.
kalamata. onion. sherry vinaigrette

Caesar Salad

Crisp romaine | oven-baked croutons |
parmesan cheese | creamy caesar dressing

Harvest Salad

Greens, butternut squash, craisins, fresh
apple slices, gorgonzola cheese, and maple
vinaigrette

House Specialty Entrees

Chicken Piccata

Breast of chicken Sautéed with capers & mush-
rooms in a lemon white wine sauce.

Mama's Lasagna

Our home made layered meat lasagna served
with traditional Bolognese sauce.

Slow Cooked Steak Tips

marinated steak tips, grilled with caramelized
onions and sautéed mushrooms.

Grilled Salmon

Fresh Atlantic Salmon on is marinated in maple
glaze marinade and grilled to flaky perfection.
Served over rice.

